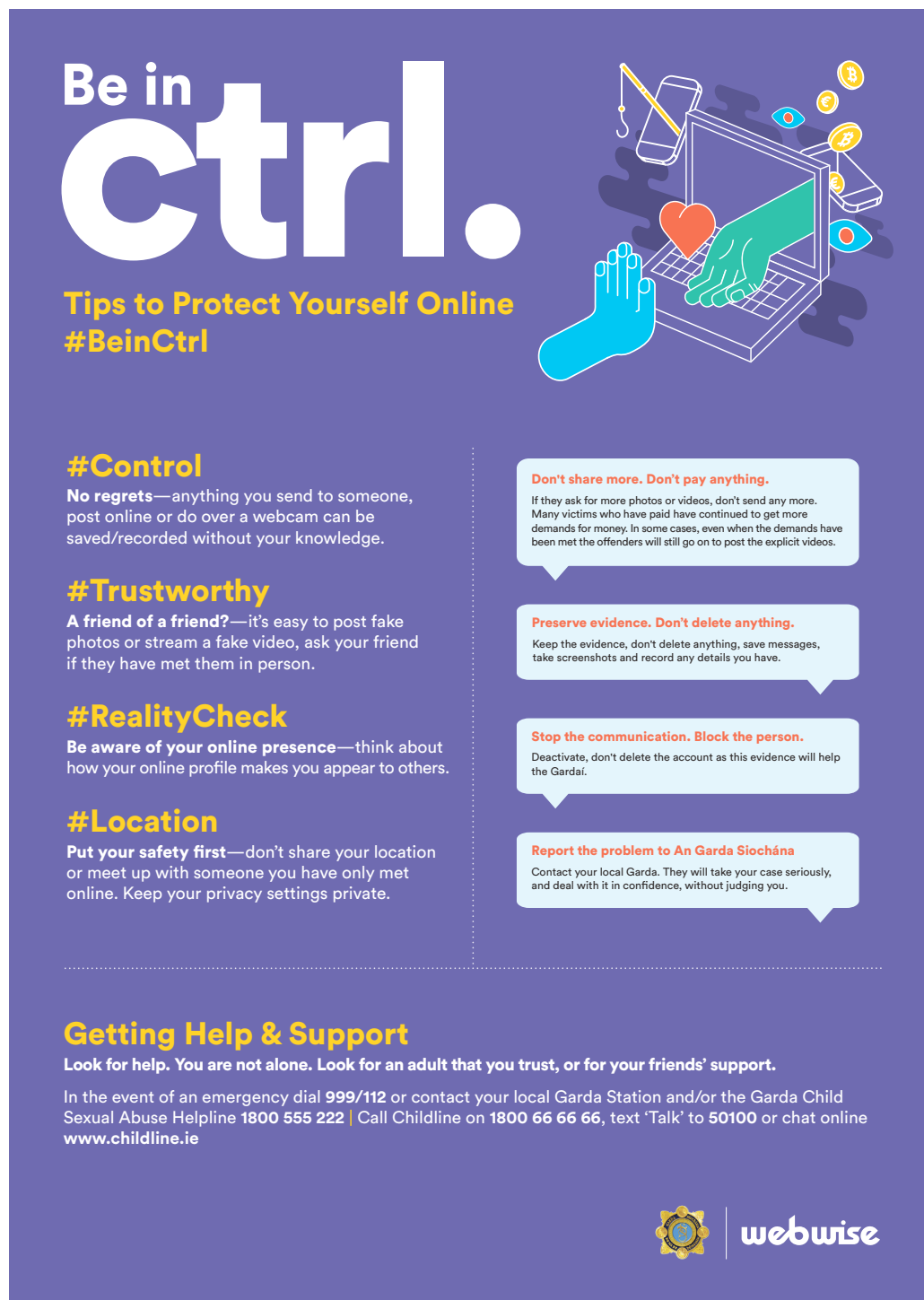


Appendix 6

Classroom Poster

The Be in Ctrl poster can be downloaded at webwise.ie/beinctrl



The poster features a dark purple background with white and yellow text. At the top left, the title 'Be in Ctrl.' is written in a large, bold, sans-serif font. Below it, the subtitle 'Tips to Protect Yourself Online #BeinCtrl' is in a smaller yellow font. On the right side, there is an illustration of a hand typing on a laptop keyboard, with various icons floating around it: a smartphone, a heart, a red heart, a blue eye, a yellow coin, and a blue coin. Below the title and subtitle, there are four main sections, each with a yellow heading and a white text box. The first section is '#Control' with the text 'No regrets—anything you send to someone, post online or do over a webcam can be saved/recorded without your knowledge.' The second is '#Trustworthy' with 'A friend of a friend?—it's easy to post fake photos or stream a fake video, ask your friend if they have met them in person.' The third is '#RealityCheck' with 'Be aware of your online presence—think about how your online profile makes you appear to others.' The fourth is '#Location' with 'Put your safety first—don't share your location or meet up with someone you have only met online. Keep your privacy settings private.' To the right of these sections, there are four light blue speech bubble boxes containing advice: 'Don't share more. Don't pay anything.' (with a sub-note about not sending more photos/videos and the risk of further demands for money), 'Preserve evidence. Don't delete anything.' (with a sub-note about saving messages and taking screenshots), 'Stop the communication. Block the person.' (with a sub-note about deactivating the account), and 'Report the problem to An Garda Síochána' (with a sub-note about contacting the local Garda). At the bottom left, there is a section titled 'Getting Help & Support' with the text 'Look for help. You are not alone. Look for an adult that you trust, or for your friends' support.' and contact information for emergency services (999/112), local Garda Station, Garda Child Sexual Abuse Helpline (1800 555 222), Childline (1800 66 66 66), and the website www.childline.ie. At the bottom right, there is the 'webwise' logo, which consists of a circular emblem with a scale of justice and a sword, followed by the word 'webwise' in a lowercase, sans-serif font.

Be in Ctrl.

Tips to Protect Yourself Online
#BeinCtrl

#Control

No regrets—anything you send to someone, post online or do over a webcam can be saved/recorded without your knowledge.

#Trustworthy

A friend of a friend?—it's easy to post fake photos or stream a fake video, ask your friend if they have met them in person.

#RealityCheck

Be aware of your online presence—think about how your online profile makes you appear to others.

#Location

Put your safety first—don't share your location or meet up with someone you have only met online. Keep your privacy settings private.

Don't share more. Don't pay anything.
If they ask for more photos or videos, don't send any more. Many victims who have paid have continued to get more demands for money. In some cases, even when the demands have been met the offenders will still go on to post the explicit videos.

Preserve evidence. Don't delete anything.
Keep the evidence, don't delete anything, save messages, take screenshots and record any details you have.

Stop the communication. Block the person.
Deactivate, don't delete the account as this evidence will help the Gardaí.

Report the problem to An Garda Síochána
Contact your local Garda. They will take your case seriously, and deal with it in confidence, without judging you.

Getting Help & Support

Look for help. You are not alone. Look for an adult that you trust, or for your friends' support.

In the event of an emergency dial 999/112 or contact your local Garda Station and/or the Garda Child Sexual Abuse Helpline 1800 555 222 | Call Childline on 1800 66 66 66, text 'Talk' to 50100 or chat online www.childline.ie

